

Dental Health Curriculum Program at CAPE Inc.



“Dental Office” (Dramatic Play):

One of our most favorite parts of celebrating Dental Health Month is turning our dramatic play areas into a dental office. Through donations from the Children’s Healthy Smile Project, our agency was able to purchase and provide dramatic play materials such as: child-sized lab coats and dentist costumes, dental mirrors and other play dental equipment, face masks, sample x-rays, exam bibs, small flashlights, and laminated dental exam forms for children to engage in play and pretend to be a dentist/doctor and patient. To our surprise, several children took the pretend play even further by setting up waiting areas with dental books for patients, as well as appointment sign-up sheets.

Through this pretend play, children can become more comfortable with going to the dentist. Children who have already had dental exams will converse with their peers and tell them what happens when they go to the dentist. Parents have reported that their child was more positive about going to the dentist following the dental health curriculum practiced in the classroom.

CAPE Inc. is so thankful for programs such as the Children’s Healthy Smile Project! Through their donation, we have been able to provide our children with an extensive oral health curriculum that can be utilized throughout the school year!